

19th November 2024

Dear Parents / Carers,

SWIMMING

Swimming is a compulsory element of the National Curriculum for Physical Education and we will be taking our Year 5 pupils swimming weekly in the new year. We will be going to Diss Leisure Centre for these swimming lessons. The dates are as follows.

Monday 13th January to Monday 31st March 2025 (11 weeks)

Children will be collected by Simonds coaches at 9.00am and travel to Diss Leisure Centre. Their swimming lesson will take place from 9.45 – 10.45am.

Because this is happening early in the New Year, we would like to obtain Consent Forms back before we break up for Christmas. Please find attached with this letter, a consent form for you to complete by **Monday 2nd December**.

A few reminders

- Swimming is a compulsory element of the National Curriculum for Physical Education - it is not an optional activity. However, if your child is nervous please let us know so that our pastoral team can support them to overcome any concerns.
- On swimming days, pupils need to bring in their own swimming costumes and towel in a named waterproof bag. (There is no other PE on swimming days)
- All children **MUST** have a swimming cap. Goggles are highly recommended although optional.
- No jewellery – **EARRINGS MUST BE REMOVED**. Pupils **will not** be allowed in the pool if earrings are not taken out.
- Please make sure they have a coat with them on swimming days.
- Girls should wear a one-piece swimming costume (no bikinis or tankinis) and boys should wear trunks (no Bermuda shorts).

Please do not hesitate to contact us if you have any questions.

Yours sincerely

L Richardson

Miss L Richardson
Headteacher



"They will soar on wings like eagles"



Nurture. Respect. Responsible. Community.
Compassion. Courage.

